

# ZSCI C1105: Anatomy of Human Movement 1

Module Title	:		Anatomy of Human Movement 1
Language of	f Instructio	n:	English
Credits:		5	
		-	
NFQ Level:		6	
Module Deli	vered In		2 programme(s)
Teaching & Strategies:	Learning		This module will be taught in 2 hours theory and 2 hours of practical per week. Students may access the material via Blackboard in advance of theory and practical classes to facilitate active learning. Lectures will discuss the module content with an emphasis on the clinical application of anatomical knowledge learnt and practiced in practical class. Practical classes will incorporate identification, description and palpation of the relevant anatomical structures of the upper limb, neck and head and how they relate to human movement.
Module Aim	:		To provide the student with an understanding of the functional anatomy of the upper limb, neck and head and how it relates to human movement.
Learning Ou	itcomes		
On successfu	ul completio	n of th	nis module the learner should be able to:
LO1	Identify an	id des	cribe the relevant anatomy of the upper limb, neck and head
LO2	Palpate re	levant	t anatomical structures of the upper limb, neck and head.
LO3	Describe h	now th	e relevant anatomical structures relate to human movement
Pre-requisite	e learning		
Module Rec This is prior I			ctical skill) that is recommended before enrolment in this module.
No recomme	ndations lis	ted	
Incompatible		h hav	e learning outcomes that are too similar to the learning outcomes of this module.
No incompati	ible module	s liste	d
Co-requisite	Modules		
No Co-requis	site modules	listed	
<b>Requiremen</b> This is prior l		a prac	ctical skill) that is mandatory before enrolment in this module is allowed.
No requireme	ents listed		



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# Module Content & Assessment

## Indicative Content

### Theory

An introduction to anatomy of human movement and its terminology. The anatomy of the upper limb, neck and head will be discussed under the following headings; 1. Osteology 2. Athrology 3. Myology 4. Neurology 5. Angiology.

#### Practical

Students will learn to identify, describe and palpate relevant anatomical landmarks of the upper limb, neck and head. Students will also learn how the relevant anatomical structures affect/influence human movement.

Assessment Breakdown %	
Continuous Assessment	30.00%
Practical	70.00%

### Special Regulation

Learners must achieve a minimum grade (35%) in both the practical component and also in the continuous assessment component.

Continuous Assess	nent			
Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Multiple Choice Questions	Continuous assessments in MCQ format will be scheduled throughout semester worth a total of 30%	1,3	30.00	n/a

### No Project

Practical	tical			
Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Practical/Skills Evaluation	2 practicals worth 20% and 50% respectively, will constitute the 70% practical mark. Students will be required to identify, describe and palpate relevant anatomical landmarks of the upper limb, neck and head. Students will describe how human movement is influenced/affected by anatomical structures.	1,2,3	70.00	n/a

No End of Module Formal Examination

SETU Carlow Campus reserves the right to alter the nature and timings of assessment



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## Module Workload

Workload: Full Time		
Workload Type	Frequency	Average Weekly Learner Workload
Lecture	12 Weeks per Stage	2.00
Practicals	12 Weeks per Stage	2.00
Independent Learning	15 Weeks per Stage	5.13
	Total Hours	125.00

Module Delivered In			
Programme Code	Programme	Semester	Delivery
CW_SASPS_B	Bachelor of Science (Honours) in Sport and Exercise Science	1	Mandatory
CW_SASAC_B	Bachelor of Science (Honours) in Strength and Conditioning	1	Mandatory