



APPROVED

Awards	
Higher Certificate	
Mode of Delivery:	Full Time
No. of Semesters :	4
NFQ Level:	6
Programme Credits:	120
Language of Instruction:	English
Department:	Science and Health

# Semester Schedules

## Stage 1 / Semester 1

Elective Regulation

1. Learners must achieve a minimum grade (35%) in the practical assessment in the following modules: Anatomy 1. 2. Learners must achieve a minimum grade (35%) in the practical/continuous assessment and final examination in the following modules: Physiology and Cell Biology 1, Maths and Physical Sciences for Health Science

Mandatory	
Module Code	Module Title
ZBIO C1103	<a href="#">Physiology and Cell Biology 1</a>
ZMAT C1101	<a href="#">Maths and Physical Sciences for Health Science</a>
ZPHI C1101	<a href="#">Strength and Conditioning: Applied Coaching 1</a>
ZPSY C1101	<a href="#">Introduction to Sport and Exercise Psychology</a>
ZSCI C1102	<a href="#">Anatomy 1</a>

Stage 1 / Semester 2

Elective Regulation

1. Learners must achieve a minimum grade (35%) in the practical assessment in the following modules: Anatomy 2. 2. Learners must achieve a minimum grade (35%) in the practical and continuous assessment in the following modules: Physiology and Cell Biology 2. 3. Learners must achieve a minimum gradate (35%) in the practical/continuous assessment and final exam in the following modules: Physical Sciences for Health Science, Exercise Physiology 1.

Mandatory	
Module Code	Module Title
ZBIO C1104	<a href="#">Physiology and Cell Biology 2</a>
ZPHI C1102	<a href="#">Strength and Conditioning Applied Coaching 2</a>
ZPHI C1105	<a href="#">Exercise Physiology 1</a>
ZSCI C1103	<a href="#">Anatomy 2</a>
ZSCI C1104	<a href="#">Physical Sciences for Health Science</a>

## Stage 2 / Semester 1

### Elective Regulation

1. Learners must achieve a minimum grade (35%) in the practical and continuous assessment in the following modules: Motor Control, Neuromuscular Skeletal Assessment 1. 2. Learners must achieve a minimum grade (35%) in the practical/continuous assessment and final examination in the following modules: Research in Sport and Health.

Mandatory	
Module Code	Module Title
ZPHI C2101	<a href="#">Pathophysiology</a>
ZRCH H2101	<a href="#">Research in Sport and Health</a>
ZPHI C2102	<a href="#">Pathology of Injury 1</a>
ZSAF C2101	<a href="#">Motor Control</a>
ZBIO C2105	<a href="#">Neuromuscular Skeletal Assessment I</a>

Stage 2 / Semester 2

Elective Regulation

1. Learners must achieve a minimum grade (35%) in the practical and continuous assessment in the following modules: Neuromuscular Skeletal Assessment 2. 2. Learners must achieve a minimum grade (35%) in the practical/continuous assessment and final examination in the following modules: Exercise Physiology 2 for Health, Strength and Conditioning for Performance.

Mandatory	
Module Code	Module Title
ZPHI C2103	<a href="#">Soft Tissue Manual Therapy</a>
ZPHI C2104	<a href="#">Pathology of Injury 2</a>
ZBIO C2106	<a href="#">Neuromuscular Skeletal Assessment 2</a>
ZPHI C2105	<a href="#">Exercise Physiology 2 for Health</a>
ZPHI C2106	<a href="#">Strength and Conditioning for Performance</a>