

<b>Module Title:</b>	Lifespan Development and Individual Difference
<b>Language of Instruction:</b>	English
<b>Credits:</b>	5
<b>NFQ Level:</b>	6
<b>Module Delivered In</b>	<a href="#">2 programme(s)</a>
<b>Teaching &amp; Learning Strategies:</b>	<p>The learning outcomes detailed above will be achieved through the following teaching methodologies: 1. Lectures - interactive communication of knowledge and ideas from the lecturer to the student, using Powerpoint slides with ongoing questions and discussion encouraged. " 2. Tutorials: smaller group learning. 3. Active &amp; collaborative learning through class and group discussion: students will be encouraged to actively participate in the class sessions and in the tutorials, to reflect on elements of their own lives, the world around them and their professional practice. They will be encouraged to share learning, queries and challenges, and thus be enabled to make the theory-practice link under the guidance of the lecturer / tutor. 4. E-Learning — It is envisaged that the module will be supported with on-line learning materials including discussion boards. 5. Directed &amp; independent learning through reading of books, peer-reviewed journal articles and critical reviews of both classic studies and recent research in psychology and the application of these studies in the real world. D1 p8 p20 p22, p23; D2 p2 p3 p17; D3 p1; D4 p4; D5 p1 p4 p6 p7 p19</p>
<b>Module Aim:</b>	1. Promote an understanding of human behaviour 2. Understand many factors which effect behaviour and development
<b>Learning Outcomes</b>	
<i>On successful completion of this module the learner should be able to:</i>	
LO1	Explain the influence of biological, psychological, social and cultural factors on human behaviour and development across the lifespan D1 p8; D3 p1; D5 p1 p4 p6 p7
LO2	Explain and evaluate theories of individual difference including personality, intelligence, motivation and emotion and demonstrate ability to link theory to practice D1 p22 p23; D2 p3; D3 p1; D4 p4; D5 p1 p4 p6 p7 p19
LO3	Explain and evaluate theories of memory, language and problem solving and reasoning and demonstrate an ability to link theory to practice D1 p22; D2 p2 p3 p17; D3 p1; D4 p4; D5 p1 p4 p6 p7
LO4	Describe and analyze theories of health, stress and coping and demonstrate ability to link theory to practice.D1 p20; D4 p4; D5 p1 p4 p6 p19
<b>Pre-requisite learning</b>	
<b>Module Recommendations</b>	
<i>This is prior learning (or a practical skill) that is recommended before enrolment in this module.</i>	
No recommendations listed	
<b>Incompatible Modules</b>	
<i>These are modules which have learning outcomes that are too similar to the learning outcomes of this module.</i>	
No incompatible modules listed	
<b>Co-requisite Modules</b>	
No Co-requisite modules listed	
<b>Requirements</b>	
<i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.</i>	
No requirements listed	

## Module Content & Assessment

### Indicative Content

#### Development over the Lifespan

• Biological foundations of behaviour: the nervous system, neurons, structures of the brain and their functions. • Childhood development and socioemotional development • Adolescence, identity and mental health • Adult development, control and support • Lifespan development • Practical application of knowledge D1 p8; D3 p1; D5 p1 p4 p6 p7

#### Intelligence and Personality

• Definitions of intelligence • Intelligence testing • Nature/Nurture and intelligence • Hierarchical models of intelligence • Multiple intelligences • Growth and fixed mindset • Trait theories of personality • Situational critique of trait theory • Practical application of knowledge D1 p22 p23; D2 p3; D3 p1; D4 p4; D5 p1 p4 p6 p7

#### Thinking, Language & Memory

• Concept formation • Problem solving • Errors and biases • Communication, speech and language • Language acquisition • Language and thought • Short and Long term memory • Forgetting • Memory construction • Practical application of knowledge D1 p22; D2 p2 p3 p17; D3 p1; D4 p4; D5 p1 p4 p6 p7

#### Motivation and Emotion

• Basic emotions • Theories of emotion • Emotional processing • Classification of motivations • Motivational theories • Link between emotions and motivation • Application to professional practice D1 p22 p23; D2 p3; D3 p1; D4 p4; D5 p1 p4 p6 p7 p19

#### Health, stress and coping

• Health - stress link • Cognitive, behavioural, biological effects of stress • Coping strategies (active and avoidant) • Application to professional practice D1 p20; D4 p4; D5 p1 p4 p6 p19

Assessment Breakdown	%
Continuous Assessment	100.00%

### Continuous Assessment

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Open-book Examination	D1 p20 p22; D2 p2; D4 p4; D5 p1, p4 p6 p7 p19	1,2,3,4	100.00	n/a

No Project

No Practical

No End of Module Formal Examination

SETU Carlow Campus reserves the right to alter the nature and timings of assessment

**Module Workload**

<b>Workload: Full Time</b>		
<i>Workload Type</i>	<i>Frequency</i>	<i>Average Weekly Learner Workload</i>
Lecture	12 Weeks per Stage	4.00
Independent Learning	15 Weeks per Stage	5.13
Total Hours		125.00

**Module Delivered In**

Programme Code	Programme	Semester	Delivery
CW_HWPSC_B	<a href="#">Bachelor of Arts (Honours) in Applied Social Studies in Professional Social Care</a>	2	Mandatory
CW_HWPSC_D	<a href="#">Bachelor of Arts in Applied Social Studies in Professional Social Care</a>	2	Mandatory