

Module Title:	Coach Education and Practice 1
Language of Instruction:	English
Credits:	5
NFQ Level:	6
Module Delivered In	2 programme(s)
Teaching & Learning Strategies:	The teaching & learning strategies employed within this module will include, lectures, workshops, group discussion/debate, problem solving exercises, practical sessions, e-learning, self-directed independent learning and independent research.
Module Aim:	The aim of this module is for the learner to explore pedagogical knowledge, skills and principles underpinning effective coaching pedagogy and practice. Identify and demonstrate a critical understanding of key learning theories and model based approaches to learning in coaching pedagogy practice.
Learning Outcomes	
<i>On successful completion of this module the learner should be able to:</i>	
LO1	Construct a philosophy for effective coaching pedagogy and practice and critically evaluate key components of learning within a coaching pedagogy and practice context
LO2	Examine advanced pedagogical coaching practice where high quality learning outcomes are achieved within a coaching and pedagogy context, across a range of activities.
LO3	Manage participants in small groups; communicate in small group discussion and evaluation; demonstrate an ability to observe and evaluate.
Pre-requisite learning	
Module Recommendations	
<i>This is prior learning (or a practical skill) that is recommended before enrolment in this module.</i>	
No recommendations listed	
Incompatible Modules	
<i>These are modules which have learning outcomes that are too similar to the learning outcomes of this module.</i>	
No incompatible modules listed	
Co-requisite Modules	
No Co-requisite modules listed	
Requirements	
<i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.</i>	
No requirements listed	

Module Content & Assessment

Indicative Content

Components of Learning within Coaching Pedagogy and Practice:

Designing and managing the learning environment/experience; questioning to generate dialogue and thinking; provide opportunities for formulating, testing and evaluating solutions; develop a supportive environment.

Advanced Pedagogical Coaching Practice:

Identify and examine advanced pedagogical coaching practice approaches; learner-centred pedagogy, learning-centred pedagogy; game based pedagogy.

Practical applications of different pedagogical coaching strategies:

Planning and delivering practical coaching sessions to a specific group of participants. Designing a programme of coaching practice illustrating suitable progression. Theoretical and practical exploration of a pedagogical model.

Key Skills:

Manage participants in small groups and communicate in group discussion and evaluation; demonstrate an ability to observe and evaluate; manage self-learning by setting and meeting targets; develop an understanding of how to construct a reasoned discussion; apply critical thinking to evaluate observed practice in reflection of pedagogical theories.

Assessment Breakdown	%
Continuous Assessment	60.00%
Practical	40.00%

Continuous Assessment

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Portfolio	Coaching portfolio (minimum 2,000 words) comprises of a coaching philosophy statement, coaching session plans, session delivery descriptions and session review pieces for coaching sessions delivered for individual sports.	1,2,3	60.00	n/a

No Project

Practical

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Practical/Skills Evaluation	Group Task – Group Presentation	2,3	40.00	n/a

No End of Module Formal Examination

SETU Carlow Campus reserves the right to alter the nature and timings of assessment

Module Workload

Workload: Full Time		
<i>Workload Type</i>	<i>Frequency</i>	<i>Average Weekly Learner Workload</i>
Lecture	Every Week	2.00
Practicals	Every Week	1.00
Independent Learning	Every Week	6.00
Total Hours		9.00

Module Delivered In

Programme Code	Programme	Semester	Delivery
CW_BBSBC_D	Bachelor of Arts in Sport, Business and Coaching	3	Mandatory
CW_BBSBC_B	Bachelor of Arts (Honours) in Sport, Business and Coaching	3	Mandatory