



APPROVED

Awards	
Higher Certificate	
Mode of Delivery:	Full Time
No. of Semesters :	4
NFQ Level:	6
Programme Credits:	120
Language of Instruction:	English
Department:	Science and Health

Semester Schedules

Stage 1 / Semester 1

Elective Regulation

1. Learners must achieve a minimum grade (35%) in the practical assessment in the following modules: Anatomy 1. 2. Learners must achieve a minimum grade (35%) in the practical/continuous assessment and final examination in the following modules: Physiology and Cell Biology 1, Maths and Physical Sciences for Health Science

Mandatory	
Module Code	Module Title
ZBIO C1103	Physiology and Cell Biology 1
ZMAT C1101	Maths and Physical Sciences for Health Science
ZPHI C1101	Strength and Conditioning: Applied Coaching 1
ZPSY C1101	Introduction to Sport and Exercise Psychology
ZSCI C1102	Anatomy 1

Stage 1 / Semester 2

Elective Regulation

1. Learners must achieve a minimum grade (35%) in the practical assessment in the following modules: Anatomy 2. 2. Learners must achieve a minimum grade (35%) in the practical and continuous assessment in the following modules: Physiology and Cell Biology 2. 3. Learners must achieve a minimum gradate (35%) in the practical/continuous assessment and final exam in the following modules: Physical Sciences for Health Science, Exercise Physiology 1.

Mandatory	
Module Code	Module Title
ZBIO C1104	Physiology and Cell Biology 2
ZPHI C1102	Strength and Conditioning Applied Coaching 2
ZPHI C1105	Exercise Physiology 1
ZSCI C1103	Anatomy 2
ZSCI C1104	Physical Sciences for Health Science

Stage 2 / Semester 1

Elective Regulation

1. Learners must achieve a minimum grade (35%) in the practical and continuous assessment in the following modules: Motor Control, Neuromuscular Skeletal Assessment 1. 2. Learners must achieve a minimum grade (35%) in the practical/continuous assessment and final examination in the following modules: Research in Sport and Health.

Mandatory	
Module Code	Module Title
ZPHI C2101	Pathophysiology
ZRCH H2101	Research in Sport and Health
ZPHI C2102	Pathology of Injury 1
ZSAF C2101	Motor Control
ZBIO C2105	Neuromuscular Skeletal Assessment I

Stage 2 / Semester 2

Elective Regulation

1. Learners must achieve a minimum grade (35%) in the practical and continuous assessment in the following modules: Neuromuscular Skeletal Assessment 2. 2. Learners must achieve a minimum grade (35%) in the practical/continuous assessment and final examination in the following modules: Exercise Physiology 2 for Health, Strength and Conditioning for Performance.

Mandatory	
Module Code	Module Title
ZPHI C2103	Soft Tissue Manual Therapy
ZPHI C2104	Pathology of Injury 2
ZBIO C2106	Neuromuscular Skeletal Assessment 2
ZPHI C2105	Exercise Physiology 2 for Health
ZPHI C2106	Strength and Conditioning for Performance