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| Module Title: | Mental Health Awareness |
| Language of Instruction: | English |
| Credits: | 5 |
| NFQ Level: | 7 |
| Module Delivered In | 1 programme(s) |
| Teaching & Learning Strategies: | <p>This module will be delivered as 12 x 2 hour lectures and 12 x 1 hour practical classes. To scaffold this learning, a wide range of resources will be available on Blackboard (including international guidelines, practice tools, discussion boards and reflective diaries). Students will be expected to access this material prior to the theory classes. The primary purpose of the lectures will be to ensure consistent understanding of material, to correct any inaccuracies, apply theory to practice and to facilitate learning through problem solving, collaboration and discussion. Students will also be provided with opportunities to discuss their individual experience of this area of practice, and to collaborate with other students to ensure the practical application of material across a range of pharmacy contexts and explore a range of scenarios and case studies. Practical classes will address essential practical skills and competencies. These will include the assessment and dispensing of relevant prescriptions to facilitate compliance with legislative requirements, development of consultation skills and other essential communication skills to facilitate effective medicines management and optimise patient outcomes. Students will complete a suicide awareness/prevention programme.</p> |
| Module Aim: | <p>To provide students with the knowledge, skills and competencies [relevant to this therapeutic area] required to: Promote mental health awareness and wellness, Consistently provide a safe, effective and patient-centred pharmacy service for people with mental health conditions and their carers and families, Collaborate with a range of health providers in managing patient care and optimizing outcomes.</p> |
| Learning Outcomes | |
| <i>On successful completion of this module the learner should be able to:</i> | |
| LO1 | Demonstrate a good range of knowledge and understanding about the most commonly used psychiatric medicines in order to deal with basic medicine information queries and dispense prescriptions under supervision in accordance with legislation, in either a community pharmacy or hospital dispensary. |
| LO2 | Advise and direct patients regarding access to appropriate psychiatric assistance or support networks. |
| LO3 | Develop and maintain a mental health care service in either community pharmacy, a hospital or anywhere psychiatric medicines are being supplied and apply the requirements of the Mental Health Act 2001 to a pharmacy environment. |
| LO4 | Promote positive mental health, actively support persons with a mental illness, their families and carers and provide help and support for patients with thoughts of suicide. |
| Pre-requisite learning | |
| Module Recommendations | |
| <i>This is prior learning (or a practical skill) that is recommended before enrolment in this module.</i> | |
| No recommendations listed | |
| Incompatible Modules | |
| <i>These are modules which have learning outcomes that are too similar to the learning outcomes of this module.</i> | |
| No incompatible modules listed | |
| Co-requisite Modules | |
| No Co-requisite modules listed | |
| Requirements | |
| <i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.</i> | |
| Level 6 Pharmacy Technician qualification or appropriate prior learning | |

Module Content & Assessment

Indicative Content

Theory:

The main risk factors, signs/symptoms and outlook/prognosis for a variety of mental health conditions, including but not limited to: eating disorders, anxiety, bipolar disorders, depression, schizophrenia.

Theory

How mental health conditions are diagnosed and challenges/barriers to diagnosis.

Theory

Treatment protocols and medications used to treat a range of mental health conditions, including dosing schedules, monitoring requirements, side effects and drug/drug interactions..

Theory

An overview of the organisation of the different mental health services in Ireland and routes of access for patients/service users of all ages (including children and older people).

Theory

An overview of reliable sources of information, support networks and advocacy groups available to help patients, families and carers experiencing mental health difficulties.

Theory

Skills needed for suicide awareness and an understanding for the need for referral

Practical:

• Dispensing of prescriptions for psychiatric medicines • Completion of an appropriate suicide awareness programme • Discussion of case studies • Sourcing resources for improving awareness of mental health issues • Designing strategies for promotion of positive mental health

| Assessment Breakdown | % |
|----------------------------------|--------|
| Continuous Assessment | 30.00% |
| Practical | 30.00% |
| End of Module Formal Examination | 40.00% |

Continuous Assessment

| Assessment Type | Assessment Description | Outcome addressed | % of total | Assessment Date |
|-----------------|--|-------------------|------------|-----------------|
| Other | Continuous assessment will include strategies to encourage engagement with on-line resources. These will include quizzes, participation in class discussions (both face to face and via Blackboard) and the use of on-line reflective diaries. Continuous assessment will also include review of case studies and completion of a number of assignments. This will ensure students apply theory to practice and use the content of this module to develop their professional practice as pharmacy technicians. | 1,2,3,4 | 30.00 | n/a |

No Project

Practical

| Assessment Type | Assessment Description | Outcome addressed | % of total | Assessment Date |
|-----------------------------|---|-------------------|------------|-----------------|
| Practical/Skills Evaluation | A range of practical tasks including assessment of mock-up prescriptions, case studies and successful completion of a suicide awareness training programme. | 1,2,3,4 | 30.00 | n/a |

End of Module Formal Examination

| Assessment Type | Assessment Description | Outcome addressed | % of total | Assessment Date |
|-----------------|------------------------|-------------------|------------|-----------------|
| Formal Exam | 2 hour exam | 1,2,3,4 | 40.00 | End-of-Semester |

Continuous Assessment

| Assessment Type | Assessment Description | Outcome addressed | % of total | Assessment Date |
|-----------------|--|-------------------|------------|-----------------|
| Other | Continuous assessment will include strategies to encourage engagement with on-line resources. These will include quizzes, participation in class discussions (both face to face and via Blackboard) and the use of on-line reflective diaries. Continuous assessment will also include review of case studies and completion of a number of assignments. This will ensure students apply theory to practice and use the content of this module to develop their professional practice as pharmacy technicians. | 1,2,3,4 | 30.00 | n/a |

No Project

| Practical | | | | |
|-----------------------------|---|--------------------------|-------------------|------------------------|
| <i>Assessment Type</i> | <i>Assessment Description</i> | <i>Outcome addressed</i> | <i>% of total</i> | <i>Assessment Date</i> |
| Practical/Skills Evaluation | A range of practical tasks including assessment of mock-up prescriptions, case studies and successful completion of a suicide awareness training programme. | 1,2,3,4 | 30.00 | n/a |

| End of Module Formal Examination | | | | |
|---|-------------------------------|--------------------------|-------------------|------------------------|
| <i>Assessment Type</i> | <i>Assessment Description</i> | <i>Outcome addressed</i> | <i>% of total</i> | <i>Assessment Date</i> |
| Formal Exam | 2 hour formal exam | | 40.00 | End-of-Semester |

SETU Carlow Campus reserves the right to alter the nature and timings of assessment

Module Workload

| Workload: Full Time | | |
|----------------------------|--------------------|--|
| <i>Workload Type</i> | <i>Frequency</i> | <i>Average Weekly Learner Workload</i> |
| Lecture | 12 Weeks per Stage | 2.00 |
| Independent Learning | 15 Weeks per Stage | 5.93 |
| Practicals | 12 Weeks per Stage | 1.00 |
| Total Hours | | 125.00 |

| Workload: Part Time | | |
|----------------------------|--------------------|--|
| <i>Workload Type</i> | <i>Frequency</i> | <i>Average Weekly Learner Workload</i> |
| Lecture | 15 Weeks per Stage | 2.00 |
| Independent Learning Time | 15 Weeks per Stage | 6.00 |
| Practicals | 15 Weeks per Stage | 1.00 |
| Total Hours | | 135.00 |

Module Delivered In

| Programme Code | Programme | Semester | Delivery |
|----------------|--|----------|-----------|
| CW_SAPHF_D | Bachelor of Science in Pharmacy Technician Studies | 1 | Mandatory |