

# ZPHI C3106: Pre Competition Trauma Management

Language of Instruction:         English           Credits:         10           NFQ Level:         8           Module Delivered In         1 programme(s)           Taching & Learning Strategies:         This module will be delivered in a two hour lecture and five hour practical per week over 12 weeks. Students may be required to access the material via Blackboard in advance of the class and practicals to encourage active learning. Crouge and peer learning will be facilitated during the proparation of assignments, presentations and practicals. Any course-related issue or questions that may arise will be discussed at learning the enclues summaines, course clanetal, annourcements and other course-learned will be available on Diackboard, a witual learning environment. Class demonstrations will be discussed at the available on Diackboard, a witual learning environment. Class demonstrations will be discussed and group skills.           Module Aim:         To encompass all aspects of pre-event management, strapping and pitchside traumatology into management of acute life and limb threatening injuries and emergency care situations within sports.           Learning Outcomes         To design an emergency action plan (EAP) and activate the appropriate emergency service for a safe appropriate transfer of a player off the pitch to the required medical leality.           LO2         To assess for life and limb threatening conditions.         To display competent injury management for both primary and secondary assessment within any emergency care situations in sport.           LO3         To display a clear knowledge and competent application of strapping techniques for various joints and soft tissues injuri			XX	University	
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management of acute life and limb threatening injuries and emergency care situations within sports.         Learning Outcomes         On successful completion of this module the learner should be able to:         L01       To design an emergency action plan (EAP) and activate the appropriate emergency service for a safe appropriate transfer of a player off the pitch to the required medical facility         L02       To assess for life and limb threatening conditions.         L03       To display competent injury management for both primary and secondary assessment within any emergency care situations in sport.         L04       To display a clear knowledge and competent application of strapping techniques for various joints and soft tissues injuries.         L05       To develop applied learning skills through the use of real world problem based situations by group discussion, decision making and via a reflective practice portfolio.         Pre-requisite learning         Module Recommendations       This is prior learning (or a practical skill) that is recommended before enrolment in this module.         No recommendations listed       These are modules which have learning outcomes that are too similar to the learning outcomes of this module.         No incompatible modules listed       Co-requisite modules listed         Requirements         No Co-requisite modules listed         Requisite modules listed         Requisements	Teaching & Learning Strategies:			may be required to access the material via Blackboard in advance of the class and practicals to encourage active learning. Group and peer learning will be facilitated during the preparation of assignments, presentations and practicals. Any course-related issue or questions that may arise will be discussed at lectures. Course lecture summaries, course calendar, announcements and other course-related material will be available on Blackboard, a virtual learning environment. Class demonstrations will illustrate the key concepts of the course and will be available throughout the year. Digital resources such as youtube and the National Digital Learning Repository will be used as practicable. The practical component will allow students to develop the required technical competencies, attitudes and behaviours; develop problem solving abilities	
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LO3       To display competent injury management for both primary and secondary assessment within any emergency care situations in sport.         LO4       To display a clear knowledge and competent application of strapping techniques for various joints and soft tissues injuries.         LO5       To develop applied learning skills through the use of real world problem based situations by group discussion, decision making and via a reflective practice portfolio.         Pre-requisite learning       Module Recommendations         This is prior learning (or a practical skill) that is recommended before enrolment in this module.         No recommendations listed         Incompatible Modules         These are modules listed         No incompatible modules listed         No Co-requisite modules listed         No Co-requisite modules listed         Requirements         The series of the modules listed         To requisite modules listed	LO1				
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# ZPHI C3106: Pre Competition Trauma Management

# **Module Content & Assessment**

### Indicative Content

#### Pitchside Trauma Management

Principles of designing an emergency action plan, demonstrate pitch-side assessment skills and recognition for acute injuries conditions which can be life or limb threatening, medical conditions emergency situations in sports.

Strapping and Taping Demonstrate the competent and effective use of strapping with regards pre-application, application and post application across a variety of joints and soft tissue injuries.

Assessment Breakdown	%
Continuous Assessment	30.00%
Practical	70.00%

Continuous Assessment				
Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Other	May include any of the following Written Report / MCQ test / Reflective practice portfolio	1,2,3,5	30.00	n/a

No Project

Practical				
Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Practical/Skills Evaluation	Practical exam	2,3,4,5	70.00	Sem 2 End
			-	

No End of Module Formal Examination

SETU Carlow Campus reserves the right to alter the nature and timings of assessment



# ZPHI C3106: Pre Competition Trauma Management

# Module Workload

Workload: Full Time				
Workload Type	Frequency	Average Weekly Learner Workload		
Lecture	12 Weeks per Stage	2.00		
Practicals	12 Weeks per Stage	5.00		
Independent Learning	15 Weeks per Stage	11.07		
	Total Hours	250.00		

Module Delivered In					
Programme Code	Programme	Semester	Delivery		
CW_SASRA_B	Bachelor of Science (Honours) in Sports Rehabilitation and Athletic Therapy	6	Mandatory		