

## SOCL H3414: Abnormal Psychology

| Module Title:                   |   | Abnormal Psychology  |
|---------------------------------|---|--|
| Language of Instruction:        |   | English  |
| Credits: 10                     |   |  |
| NFQ Level:                      | 7 |  |
| Module Delivered In             |   | No Programmes  |
| Teaching & Learning Strategies: |   | The learning outcomes detailed above will be achieved through the following teaching methodologies: • Lectures - communication of knowledge and ideas from the lecturer to the student. • Problem Solving Exercises/Case Studies – students will work as part of a team and will work together to discuss and evaluate scenarios related to lecture content. • Class Discussion/Debate - Students will be encouraged to actively participate in the class sessions which will develop their analytical and communication skills. • E-Learning – It is envisaged that the module will be supported with on-line learning materials including discussion boards. • Self-Directed Independent Learning — the emphasis on independent learning will develop a strong and autonomous work and learning practices. |
| Module Aim:                     |   | The aim of this module is to develop students' understanding of psychology from the perspective of atypical or abnormal development or behaviour.  |

| Learning Outcomes  |   |  |
|--|---|--|
| On successful completion of this module the learner should be able to: |   |  |
| LO1  | Discuss the prevalence of psychological disorders in an Irish context.                            |  |
| LO2  | Describe and analyse causes/effects/interventions for psychological disorders.                    |  |
| LO3  | Reflect on teamwork and personal skills development through collaborative learning.               |  |
| LO4  | Apply a social construction perspective to learning disability and mental health.                 |  |
| LO5  | Evaluate the effectiveness of therapeutic interventions.  |  |
| LO6  | Describe the incidence, causes and societal response to suicide from a psychological perspective. |  |
| LO7  | Evaluate their role in the social care team in managing challenging behaviour issues.             |  |

### Pre-requisite learning

**Module Recommendations**This is prior learning (or a practical skill) that is recommended before enrolment in this module.

No recommendations listed

### Incompatible Modules

These are modules which have learning outcomes that are too similar to the learning outcomes of this module.

No incompatible modules listed

### Co-requisite Modules

No Co-requisite modules listed

Requirements

This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.

No requirements listed

## SOCL H3414: Abnormal Psychology

### **Module Content & Assessment**

### **Indicative Content**

• What is mental health • Theoretical models

### **Psychological Disorders**

· Incidence, causes, effects, treatments of the following: • Depression, Anxiety disorders, Mood disorders, • Schizophrenia Dissociative disorders, Personality disorders, • Addictions Trauma-related disorders, Eating disorders, Developmental disorders, Neurological disorders

The process and effectiveness of therapy
• Biological therapies • Psychotherapies • Socio-cultural approaches • Cognitive Behaviour therapies • Locus of Control • Effectiveness of therapy-evidence based

### Learning disability and mental health-social construction

• Definitions • Social construction of learning disability/mental health • Narrative approaches to Learning difficulty/mental health • Empowerment

### Suicide

• Current research and societal responses • Irish context and research • Psychological models

### Dealing with challenging behaviour in adults and children

• Assessment of the areas of challenging behaviour • Role of Behaviour Analysis • Role of social care worker in team • Helping the individual move forward with specific interventions and nurturing therapeutic change, reflective practice.

| Assessment Breakdown             | %      |
|----------------------------------|--------|
| Continuous Assessment            | 40.00% |
| End of Module Formal Examination | 60.00% |

| Continuous Assessment                  |     |                      |               |                    |  |
|--|-----|----------------------|---------------|--------------------|--|
| Assessment Type Assessment Description |     | Outcome<br>addressed | % of<br>total | Assessment<br>Date |  |
| Written Report                         | n/a | 1,2,3,5              | 40.00         | n/a                |  |

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No Practical

| End of Module Formal Examination |                         |                      |               |                 |
|----------------------------------|-------------------------|----------------------|---------------|-----------------|
| Assessment Type                  | Assessment Description  | Outcome<br>addressed | % of<br>total | Assessment Date |
| Formal Exam                      | Three hour written exam | 1,2,3,4,5,6,7        | 60.00         | End-of-Semester |

SETU Carlow Campus reserves the right to alter the nature and timings of assessment



# SOCL H3414: Abnormal Psychology

## Module Workload

| Workload: Full Time     |                       |                                       |
|-------------------------|-----------------------|---------------------------------------|
| Workload Type           | Frequency             | Average Weekly<br>Learner<br>Workload |
| Lecture                 | 30 Weeks<br>per Stage | 3.00                                  |
| Estimated Learner Hours | 30 Weeks<br>per Stage | 3.67                                  |
|                         | Total Hours           | 200.00                                |

| Workload: Part Time |               |                                    |
|---------------------|---------------|------------------------------------|
| Workload Type       | Frequency     | Average Weekly<br>Learner Workload |
| Lecture             | Every<br>Week | 1.50                               |
|                     | Total Hours   | 1.50                               |