

Module Title:	Coach Development and Mentoring
Language of Instruction:	English
Credits:	5
NFQ Level:	8
Module Delivered In	2 programme(s)
Teaching & Learning Strategies:	The learning outcomes detailed above will be achieved through the following teaching methodologies: Lectures – Communication of knowledge and ideas between lecturer and student. Guest lectures – the NGBs may be involved in delivering contemporary coaching issues. Problem Solving – Students will participate in group activities to apply knowledge and theory to coach development. Independent Research – students will work as part of a team or individually conducting and presenting research on lecturer assigned contemporary issues in coaching and will engage in debate on these topics. Class Discussion – Students will be actively encouraged to participate in debates and discussions. E- Learning – Blackboard will be used. Practicals - The use of case study and article discussion & presentation will play a primary role.
Module Aim:	The aim of this module is to examine coach education, mentoring provision and practice and the requisite knowledge and expertise underpinning such activity.
Learning Outcomes	
<i>On successful completion of this module the learner should be able to:</i>	
LO1	Analyse coach education, mentoring and continuing professional development policy and practice.
LO2	Apply critically theory and relevant concepts in developing coach education and mentoring practice.
LO3	Apply sound pedagogical practice in designing, delivering and evaluating learning programmes to bring about clearly defined learning outcomes.
Pre-requisite learning	
Module Recommendations <i>This is prior learning (or a practical skill) that is recommended before enrolment in this module.</i>	
No recommendations listed	
Incompatible Modules <i>These are modules which have learning outcomes that are too similar to the learning outcomes of this module.</i>	
No incompatible modules listed	
Co-requisite Modules	
No Co-requisite modules listed	
Requirements <i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.</i>	
No requirements listed	

Module Content & Assessment

Indicative Content

The Adult Learner

• Types of learning • Definitions of different forms of learning, formal, non-formal and informal. • Experiential and prior learning. Workbased learning. • Tutor Role

Mentoring & Tutoring Skills

• Communication skills • Presenting to small groups • Tutoring Techniques – theory and practice. • Assessment methods and instruments. • Selection of assessment approaches for adult learning measurement, formal, non-formal and informal. • Mentoring methods

Coach developmental pathways

• Including formal, informal and non-formal learning. • Coach development • Mentoring practice and relationships • Developing learning & mentoring toolbox's • Learning design and implementation • Self assessment and reflection as a coach mentor

Assessment Breakdown

%

Continuous Assessment

100.00%

Continuous Assessment

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Case Studies	Mentoring Case Study Presentation	1,2,3	60.00	n/a
Written Report	An individual 1500 word written report on coach mentoring practice.	1,2	40.00	n/a

No Project

No Practical

No End of Module Formal Examination

SETU Carlow Campus reserves the right to alter the nature and timings of assessment

Module Workload

Workload: Full Time		
<i>Workload Type</i>	<i>Frequency</i>	<i>Average Weekly Learner Workload</i>
Lecture	Every Week	4.00
Independent Learning	Every Week	8.00
Total Hours		12.00

Module Delivered In

Programme Code	Programme	Semester	Delivery
CW_BBSMC_B	Bachelor of Arts (Honours) in Sport Management and Coaching	8	Mandatory
CW_BBBC_B	Bachelor of Arts (Honours) in Sport, Business and Coaching	8	Mandatory