

Module Title:	Coach Education 4 - Football		
Language of Instruction:	English		
Credits:	5		
NFQ Level:	7		
Module Delivered In	3 programme(s)		
Teaching & Learning Strategies:	- Lectures - Discussion - Readings - Project work - Practicals		
Module Aim:	The aim of this module is to develop the ability of the coach to work with elite senior player at the UEFA B stage of the FAI coaching ladder. Enabling the students to plan, deliver and reflect on coaching sessions and analyse and assess their own performance as a coach.		
Learning Outcomes			
On successful completion of this module the learner should be able to:			
LO1	Provide extensive detail and coaching points to the Team, Units and Individual players to improve their understanding and ability to execute a game plan based on analysis of a specific football problem.		
LO2	Develop the skills to self reflect, analyse personal performance and design an individual performance plan.		
Pre-requisite learning			
Module Recommendations			
This is prior learning (or a practical skill) that is recommended before enrolment in this module.			
8658	SPRT H3316	Coach Education 3 - Football	
Incompatible Modules			
These are modules which have learning outcomes that are too similar to the learning outcomes of this module.			
No incompatible modules listed			
Co-requisite Modules			
No Co-requisite modules listed			
Requirements			
This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.			
Completed Uefa 'C' Licence			

Module Content & Assessment

Indicative Content

Uefa 'B' Licence

Cycle of Development (Game – Analysis – Training). Universal Football Language. CDE (Communication, Decision Making, Execution). Principles of Play – Transition to Defend. Principles of Play – Transition to Attack. Modern Game Playing Trends.

Assessment Breakdown

	%
Continuous Assessment	60.00%
Practical	40.00%

Continuous Assessment

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Portfolio	Individual Coaching Portfolio. (Approx 3,000 words) Session Plans, Self Reflections, Systems of Play Presentations, Peer Review, Block Training Plan, Team, Unit, Individual - Analysis Reports.	1,2	60.00	n/a

No Project

Practical

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Practical/Skills Evaluation	Individual Coaching Assessment (Approx 24mins)	1,2	40.00	Sem 1 End

No End of Module Formal Examination

SETU Carlow Campus reserves the right to alter the nature and timings of assessment

Module Workload

Workload: Full Time		
<i>Workload Type</i>	<i>Frequency</i>	<i>Average Weekly Learner Workload</i>
Lecture	12 Weeks per Stage	1.00
Practicals	12 Weeks per Stage	2.00
Independent Learning	12 Weeks per Stage	7.42
Total Hours		125.00

Module Delivered In

Programme Code	Programme	Semester	Delivery
CW_BBSMC_B	Bachelor of Arts (Honours) in Sport Management and Coaching	5	Elective
CW_BBSMC_B	Bachelor of Arts (Honours) in Sport Management and Coaching	7	Elective
CW_BBSOC_D	Bachelor of Arts in Sport Coaching and Business Management (Football)	5	Elective