

Module Title:	Lifespan Development and Individual Difference
Language of Instruction:	English
Credits:	5
NFQ Level:	6
Module Delivered In	2 programme(s)
Teaching & Learning Strategies:	The learning outcomes detailed above will be achieved through the following teaching methodologies: 1. Lectures - interactive communication of knowledge and ideas from the lecturer to the student, using Powerpoint slides with ongoing questions and discussion encouraged. ". 2. Tutorials: smaller group learning. 3. Active & collaborative learning through class and group discussion: students will be encouraged to actively participate in the class sessions and in the tutorials, to reflect on elements of their own lives, the world around them and their professional practice. They will be encouraged to share learning, queries and challenges, and thus be enabled to make the theory-practice link under the guidance of the lecturer / tutor. 4. E-Learning — It is envisaged that the module will be supported with on-line learning materials including discussion boards. 5. Directed & independent learning through reading of books, peer-reviewed journal articles and critical reviews of both classic studies and recent research in psychology and the application of these studies in the real world.
Module Aim:	1. Promote an understanding of human behaviour 2. Understand many factors which effect behaviour and development
Learning Outcomes	
<i>On successful completion of this module the learner should be able to:</i>	
LO1	Explain the influence of biological, psychological, social and cultural factors on human behaviour and development across the lifespan D1 p8; D3 p1; D5 p1 p4 p6 p7 p10
LO2	Explain and evaluate theories of individual difference including personality, intelligence, motivation and emotion and demonstrate ability to link theory to practice D1 p22 p23; D2 p3; D3 p1; D4 p4; D5 p1 p4 p6 p7 p10 p19
LO3	Explain and evaluate theories of memory, language and problem solving and reasoning and demonstrate an ability to link theory to practice D1 p22; D2 p2 p3 p17; D3 p1; D4 p4; D5 p1 p4 p6 p7 p10
LO4	Describe and analyze theories of health, stress and coping and demonstrate ability to link theory to practice.D1 p20; D4 p4; D5 p1 p4 p6 p10 p19
Pre-requisite learning	
Module Recommendations <i>This is prior learning (or a practical skill) that is recommended before enrolment in this module.</i>	
No recommendations listed	
Incompatible Modules <i>These are modules which have learning outcomes that are too similar to the learning outcomes of this module.</i>	
No incompatible modules listed	
Co-requisite Modules	
No Co-requisite modules listed	
Requirements <i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.</i>	
No requirements listed	

Module Content & Assessment

Indicative Content

Development over the Lifespan

• Biological foundations of behaviour: the nervous system, neurons, structures of the brain and their functions. • Childhood development and socioemotional development • Adolescence, identity and mental health • Adult development, control and support • Lifespan development • Practical application of knowledge D1 p8; D3 p1; D5 p1 p4 p6 p7 p10

Intelligence and Personality

• Definitions of intelligence • Intelligence testing • Nature/Nurture and intelligence • Hierarchical models of intelligence • Multiple intelligences • Growth and fixed mindset • Trait theories of personality • Situational critique of trait theory • Practical application of knowledge D1 p22 p23; D2 p3; D3 p1; D4 p4; D5 p1 p4 p6 p7 p10

Thinking, Language & Memory

• Concept formation • Problem solving • Errors and biases • Communication, speech and language • Language acquisition • Language and thought • Short and Long term memory • Forgetting • Memory construction • Practical application of knowledge D1 p22; D2 p2 p3 p17; D3 p1; D4 p4; D5 p1 p4 p6 p7 p10

Motivation and Emotion

• Basic emotions • Theories of emotion • Emotional processing • Classification of motivations • Motivational theories • Link between emotions and motivation • Application to professional practice D1 p22 p23; D2 p3; D3 p1; D4 p4; D5 p1 p4 p6 p7 p10 p19

Health, stress and coping

• Health - stress link • Cognitive, behavioural, biological effects of stress • Coping strategies (active and avoidant) • Application to professional practice D1 p20; D4 p4; D5 p1 p4 p6 p10 p19

Assessment Breakdown	%
Continuous Assessment	100.00%

Continuous Assessment

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Open-book Examination	D1 p20 p22; D2 p2; D4 p4; D5 p1, p4 p6 p7 p19	1,2,3,4	100.00	n/a

No Project

No Practical

No End of Module Formal Examination

SETU Carlow Campus reserves the right to alter the nature and timings of assessment

Module Workload

Workload: Full Time		
Workload Type	Frequency	Average Weekly Learner Workload
Lecture	12 Weeks per Stage	4.00
Independent Learning	15 Weeks per Stage	5.13
Total Hours		125.00

Module Delivered In

Programme Code	Programme	Semester	Delivery
CW_HHPSC_B	Bachelor of Arts (Honours) in Professional Social Care Practice	2	Mandatory
CW_HHPSC_D	Bachelor of Arts in Professional Social Care Practice	2	Mandatory