Module Title:	Leading Self and Others
Language of Instruction:	English

Credits:	5

NFQ Level:	8

Module Delivered In	1 programme(s)

Teaching & Learning Strategies:	• Lectures • Discussion • Case study • Problem-solving exercises • Readings • Self-directed learning

Module Aim:	The aim of this module is to support learners to develop skills in leading others through an increased awareness of self. Leading the self, a prerequisite for leading others begins with self-awareness, and this module uses contemporary approaches including emotional intelligence as a theoretical framework for self work.

Learning Outcomes

On successful completion of this module the learner should be able to:

LO1	Describe the theoretical approaches underpinning the premise that leading others begins with leading the self (D2, 10, D5 13, 19).
LO2	Be able to evaluate the effect of self on others (D1 22), and through self-awareness improve communication, working in partnership and professional judgement for effective practice (D5 13), including role of whistle-blowing (D1 14)
LO3	Understand how to increase personal growth (D1 17), self-awareness, non-judgemental attitude (D1 23) and professional development through the life plan (D 5 19) and understand how to use emotions in professional practice.
LO4	Leading Others -learn to enhance relationships with professional colleagues and develop skills to create professional relationships based on mutual respect and trust (D 5 8 9 12 13 15) and asses the dynamics of communicating (power, authority, values) in leading and relating to others. (D2 12 13 15 D5 12)

Pre-requisite learning

Module Recommendations
This is prior learning (or a practical skill) that is recommended before enrolment in this module.

9416	PRTC C3402	Supervised Professional Practice 2

Incompatible Modules
These are modules which have learning outcomes that are too similar to the learning outcomes of this module.

No incompatible modules listed

Co-requisite Modules

No Co-requisite modules listed

Requirements
This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.

No requirements listed

Module Content & Assessment

Indicative Content
Theoretical Understanding on Leading Self Before Leading Others Leading Self before leading others, Dare to lead, Mindful Leadership, Mindful and sustainable practice (D2, 10, D5 13, 19).
Learning to Understand Self Self-awareness, understand personal growth (D5 19), role of self and responsibility for actions and workload (D1 17),
Leaning to Lead Self Develop personal self-care skills (D5 19), non-judgemental attitude (D1 23) and emotional intelligence through self-plan (Hacker and Washington, 2018) and learning how to understand and use emotions in professional practice.
Leading Others Learn to enhance relationships with professional colleagues and develop skills to create professional relationships based on mutual respect and trust (D 5 15) learn role of whistle-blowing (D1 14) and asses the dynamics of communicating (power, authority, values) in leading and relating to others. (D1 22 23 D2 10 12 13 15 D5 8 9 12 13 19)

Assessment Breakdown	%
Continuous Assessment	40.00%
Project	60.00%

Continuous Assessment				
Assessment Type	*Assessment Description*	*Outcome addressed*	*% of total*	*Assessment Date*
Other	Essay/ case study/ problem based learning exercise (D1 14 17 22 23 D2 10 12 13 15 D5 8 9 12, 13, 15, 19).	1,2,3,4	40.00	n/a

Project				
Assessment Type	*Assessment Description*	*Outcome addressed*	*% of total*	*Assessment Date*
Project	Continuous Assessment using self-awareness tools for leading self (D1 14 17 22 23 D2 10 12 13 15 D5 8 9 12, 13, 15, 19)	1,2,3,4	60.00	n/a

No Practical

No End of Module Formal Examination

SETU Carlow Campus reserves the right to alter the nature and timings of assessment

Module Workload

Workload: Full Time

Workload Type	Frequency	Average Weekly Learner Workload
Lecture	12 Weeks per Stage	2.00
Independent Learning	12 Weeks per Stage	8.42
	Total Hours	125.00

Module Delivered In

Programme Code	Programme	Semester	Delivery
CW_HHPSC_B	Bachelor of Arts (Honours) in Professional Social Care Practice	8	Mandatory