

<b>Module Title:</b>	Psychology, Adjustment and Alternative Views
<b>Language of Instruction:</b>	English
<b>Credits:</b>	5
<b>NFQ Level:</b>	8
<b>Module Delivered In</b>	<a href="#">1 programme(s)</a>

<b>Teaching &amp; Learning Strategies:</b>	<p>The learning outcomes detailed above will be achieved through the following teaching methodologies: 1. Lectures - interactive communication of knowledge and ideas from the lecturer to the student, using Powerpoint presentations, with ongoing questions and discussion encouraged. 2. Case Studies - students will discuss and evaluate scenarios related to lecture content. 3. Active &amp; collaborative learning - students will be encouraged to reflect on cases from their work experience in the context of new material presented. They will be encouraged to share queries, ethical dilemmas and learning with their class, with due respect to confidentiality for all involved. This will enable them to make the theory-practice link under the guidance of the lecturer. This will also develop their analytical, reflective and communication skills. 4. Group work &amp; class discussion: students will work together in small groups. 5. E-Learning — It is envisaged that the module will be supported with on-line learning materials including discussion boards. 6. Self-Directed Independent Learning through reading of books, peer-reviewed journal articles, policy documents, governmental publications and international best practice guidelines. D1: P 1, 2, 3, 5, 6, 8, 9, 10, 11, 13, 14, 17, 19, 20, 22, 23. D2: P 1, 2, 3, 4, 9, 10, 12, 13, 14, 15, 17. D3: P 1, 2, 4, 5, 6, 7, 8, 9, 10, 14, 15. D4: P 1, 2, 3, 4, 5. D 5: P 1, 2, 3, 4, 6, 8, 10, 11, 12, 13, 15, 19.</p>
--	---

<b>Module Aim:</b>	The aim of this module is to further expand on theoretical approaches examined in Psychology and Positive Change. Students will understand the recovery approaches to mental health. Furthermore insight will be gained into issues and interventions relevant to minority mental health.
--------------------	---

Learning Outcomes	
<i>On successful completion of this module the learner should be able to:</i>	
LO1	Evaluate mental health issues from a holistic perspective. D1 p3 p5 p8 p10 p22; D2 p12; D3 p1; D4 p4; D5 p1 p4 p6 p7 p8 p10
LO2	Critically analyse interventions for psychological distress. D1 p3 p5 p8 p10; D2 p2; D3 p1 p6; D4 p4; D5 p5 p11 p12 p16
LO3	Evaluate the role of recovery in the area of mental health. D1 p3 p5 p10 p22 p23; D2 p2 p4 p12; D3 p1 p6; D4 p4; D5 p8 p12 p16
LO4	Demonstrate awareness of the complexities of minority mental health. D1 p5 p8 p10 p12 p22; D2 p2 p4 p12; D3 p1 p15 D4 p4; D5 p7 p8 p10 p12

Pre-requisite learning		
<b>Module Recommendations</b> <i>This is prior learning (or a practical skill) that is recommended before enrolment in this module.</i>		
9873	PSYC C3R04	Psychology of Mental Health and Neurodiversity
<b>Incompatible Modules</b> <i>These are modules which have learning outcomes that are too similar to the learning outcomes of this module.</i>		
No incompatible modules listed		
<b>Co-requisite Modules</b> 		
No Co-requisite modules listed		
<b>Requirements</b> <i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.</i>		
No requirements listed		

## Module Content & Assessment

### Indicative Content

#### Interventions

• Drawing further on theories and perspectives outlined in semester 1 - • Evidence based psychological interventions • Advances and developments in intervention and support • Person centered interventions D1 p3 p5 p8 p10; D2 p2; D3 p1 p6; D4 p4; D5 p5 p11 p12 p16

#### Mental health from a holistic perspective

• Drawing further on theories and perspectives outlined in semester 1 - Biopsychosocial approach, diathesis stress model, power threat meaning framework, beyond classification systems. • Explanations – Biological, neurodevelopmental, psychological, social and cultural. • Voice of the service user • Sexual and gender identity issues, self-harm and suicide, schizophrenia, addiction. D1 p3 p5 p8 p10 p22; D2 p12; D3 p1; D4 p4; D5 p1 p4 p6 p7 p8 p10

#### Recovery

• The role of recovery plans • Advancing recovery initiative • Current policy and frameworks D1 p3 p5 p10 p22 p23; D2 p2 p4 p12; D3 p1 p6; D4 p4; D5 p8 p12 p16

#### Minority Mental Health

• Prevalence, risk factors • At risk groups for example travelling community, asylum seekers, LGBTI+, migrants, prisoners, homeless population • Challenges for interventions D1 p5 p8 p10 p12 p22; D2 p2 p4 p5 p12; D3 p1 p7 p15; D4 p4; D5 p5 p7 p8 p10 p12

#### Critical Awareness

To embed critical thinking skills across all content specifically related to equality, diversity and inclusion.

### Assessment Breakdown

%

Continuous Assessment

100.00%

### Continuous Assessment

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Open-book Examination	D1: p3 p8; D2 p4 p5; D3: p6 p7 p15; D5: p1 p4 p5 p6 p10	1,2,3,4	100.00	n/a

No Project

No Practical

No End of Module Formal Examination

**SETU Carlow Campus reserves the right to alter the nature and timings of assessment**

**Module Workload**

Workload: Full Time		
Workload Type	Frequency	Average Weekly Learner Workload
Lecture	12 Weeks per Stage	3.00
Independent Learning Time	15 Weeks per Stage	5.93
Total Hours		125.00

**Module Delivered In**

Programme Code	Programme	Semester	Delivery
CW_HWPSC_B	<a href="#">Bachelor of Arts (Honours) in Applied Social Studies in Professional Social Care</a>	8	Mandatory