

Module Title:	Introduction to Psychology
Language of Instruction:	English

Credits:	10
-----------------	----

NFQ Level:	6
-------------------	---

Module Delivered In	7 programme(s)
----------------------------	--------------------------------

Teaching & Learning Strategies:	Strategies used for delivery include a broad range of learning methodologies. Classes will be based around lectures, lab sessions and group discussions. This class will be taught primarily by means of lectures, tutorials, class discussion and group activities.
--	--

Module Aim:	1. Promote an understanding of human behaviour 2. Understand many factors which effect behaviour and development
--------------------	--

Learning Outcomes

On successful completion of this module the learner should be able to:

LO1	Describe psychology and discuss and evaluate different psychological perspectives.
LO2	Describe and evaluate investigative and experimental methods in psychological research and the consequences of ethical procedures.
LO3	Explain the biological, social and cultural factors on human behaviour and development.
LO4	Discuss and analyse the behaviourist and social cognitive approaches to learning and development.
LO5	Discuss intelligence as a construct and evaluate the psychometric approach.
LO6	Explain and critically evaluate theories of personality, language acquisition and intelligence.
LO7	Describe and analyze theories of health psychology, theories of emotion/motivation and related theories of stress and coping.
LO8	Explain how psychological theory is applied to practice.

Pre-requisite learning

Module Recommendations

This is prior learning (or a practical skill) that is recommended before enrolment in this module.

No recommendations listed

Incompatible Modules

These are modules which have learning outcomes that are too similar to the learning outcomes of this module.

No incompatible modules listed

Co-requisite Modules

No Co-requisite modules listed

Requirements

This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.

No requirements listed

Module Content & Assessment

Indicative Content

Introduction to psychology

• What is psychology? • Biological perspective • Sociocultural perspective • Behavioural perspective • Cognitive perspective • Psychoanalytical perspective • Evolutionary perspective • Ethological theory and ecological theory • Current debates in psychology

Development over the Lifespan

• Biological foundations of behaviour: the nervous system, neurons, structures of the brain and their functions. • Childhood development • Adolescence • Adult development

Psychology as a Science

Methods of research • Experimental method • Quantitative and qualitative research • Ethics in psychological research

Learning

• Behaviourist Approach • Classical conditioning, • Operant conditioning • Social learning theory • Practical application of learning theories

Intelligence

Nature of intelligence Intelligence testing, The influence of hereditary and the environment, Multiple intelligences, Practical application of theories of intelligence

Thinking and Language

• Concept formation • Problem solving • Language and thought • Language acquisition

Health psychology, Motivation, Emotion and Stress

• Theories of motivation • Theories of emotion • health Psychology: Stress, coping and health

Personality

• Freud, Humanism, Trait approaches, learning theories

The Ecology of Development

• Bronfenbrenner's ecological theory • The Family • The changing family in society • Extra-familial influences • Culture

Assessment Breakdown	%
Continuous Assessment	40.00%
End of Module Formal Examination	60.00%

Continuous Assessment

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Written Report	Written piece	1,2,3,4	40.00	n/a

No Project

No Practical

End of Module Formal Examination

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Formal Exam	n/a	1,2,3,4,5,6,7,8	60.00	End-of-Semester

ITCarlow reserves the right to alter the nature and timings of assessment

Module Workload

Workload: Full Time		
<i>Workload Type</i>	<i>Frequency</i>	<i>Average Weekly Learner Workload</i>
Lecture	30 Weeks per Stage	3.00
Estimated Learner Hours	30 Weeks per Stage	3.67
Total Hours		200.00

Workload: Part Time		
<i>Workload Type</i>	<i>Frequency</i>	<i>Average Weekly Learner Workload</i>
Lecture	Every Week	1.50
Total Hours		1.50

Module Delivered In

Programme Code	Programme	Semester	Delivery
CW_HHASS_B	<u>Bachelor of Arts (Honours) in Applied Social Studies (Professional Social Care)</u>	1	Mandatory
CW_HWASS_B	<u>Bachelor of Arts (Honours) in Applied Social Studies (Professional Social Care)</u>	1	Mandatory
CW_HWECE_B	<u>Bachelor of Arts (Honours) in Early Childhood Education and Care</u>	1	Mandatory
CW_HHECE_B	<u>Bachelor of Arts (Honours) in Early Childhood Education and Care</u>	1	Mandatory
CW_HHYCW_B	<u>Bachelor of Arts (Honours) in Youth and Community Work</u>	1	Mandatory
CW_HHASS_D	<u>Bachelor of Arts in Applied Social Studies (Professional Social Care)</u>	1	Mandatory
CW_HWASS_D	<u>Bachelor of Arts in Applied Social Studies (Professional Social Care)</u>	1	Mandatory