

Module Title:	Coach Education 2 - Soccer	
Language of Instruction:	English	
Credits:	10	
NFQ Level:	6	
Module Delivered In	No Programmes	
Teaching & Learning Strategies:	• Lectures • Discussion • Readings • Project work • Practical	
Module Aim:	The aim of this module is to enable the students to apply the principles of coaching and the coaching process and compare and assess different coaching methods and styles at Level 1 of the FAI Coaching Ladder.	
Learning Outcomes		
<i>On successful completion of this module the learner should be able to:</i>		
LO1	Plan and implement a structured coaching session for players aged 13 – 18f or short term and medium term purposes.	
LO2	Successfully conduct coaching practices that demonstrate an understanding of the underpinning coaching theory for this age group.	
LO3	Identify areas for technical and tactical improvement for individuals within practices and SSGs	
LO4	Implement appropriate intervention strategy through demonstration and explanation in coaching practices through the Q + A technique	
LO5	Follow best practice guidelines when dealing with children in accordance with Irish Sports Council Code of Ethics	
LO6	Conduct notational analysis on a group of matches and recommend areas of improvement for the team and individuals	
Pre-requisite learning		
Module Recommendations <i>This is prior learning (or a practical skill) that is recommended before enrolment in this module.</i>		
7059	SPRT H1318	Coach Education 1 - Soccer
7060	SPRT H2319	Coach Education 2 - Soccer
Incompatible Modules <i>These are modules which have learning outcomes that are too similar to the learning outcomes of this module.</i>		
No incompatible modules listed		
Co-requisite Modules		
No Co-requisite modules listed		
Requirements <i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.</i>		
No requirements listed		

Module Content & Assessment

Indicative Content

Youth Certificate: 45 contact hours, 100% attendance on course curriculum (Students must have completed FAI Introductory course(s) and relevant workshops)

• Identify stages in the development of young players in this phase of the Long Term Player Development Pathway. • Plan, organise and implement linked coaching sessions • Assist players to consolidate and refine basic soccer skills • Introduce tactical and positional skills as well as improve performance • Introduce soccer specific conditioning and strength training • Optimise fitness and soccer preparation for performance • Plan, implement and review sessions in a fun, safe and friendly environment • Understanding of medical and injury issues at this level

Coaching Experience: Full attendance compulsory

• Placement 1: Six weeks coaching experience block with a designated team or group (non soccer club) (School, Youth Group etc) • Placement 2: Twelve weeks coaching experience with a selected team and club to practise Youth Cert course content. • Additional Placements: Disability Groups, Carlow LSP etc.

Video Analysis

• Application of Video Analysis in Football • Introduction to the use of video and video analysis

Coach Development Workshops

• Discuss current trends in coaching, coach education and developing players at this age group and level

FAI Seminars

Full attendance to FAI Seminars with the aim of educating students about the range of roles and responsibilities of the FAI: Introduction to football, facilities development, match day management, competition management, player development plan, communication and use of social media, international team and logistics & business partnerships and commercial activities

Assessment Breakdown	%
Continuous Assessment	35.00%
Project	15.00%
Practical	50.00%

Continuous Assessment

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Portfolio	Individual Coaching Logbook	1,2,3,4,5	25.00	Sem 2 End
Other	Participation in coach education lectures	1,2,3,4,5	10.00	n/a

Project

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Project	Performance Analysis Project	6	15.00	n/a

Practical

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Practical/Skills Evaluation	Individual Coaching Assessment Youth Cert	1,2,3,4,5	50.00	Sem 1 End

No End of Module Formal Examination

ITCarlow reserves the right to alter the nature and timings of assessment

Module Workload

Workload: Full Time		
<i>Workload Type</i>	<i>Frequency</i>	<i>Average Weekly Learner Workload</i>
Lecture	30 Weeks per Stage	0.67
Practicals	30 Weeks per Stage	1.33
Estimated Learner Hours	30 Weeks per Stage	1.33
Total Hours		100.00

