Module Title:	Sports Performance Analysis
Language of Instruction:	English

Credits:	10

NFQ Level:	8

Module Delivered In	No Programmes

Teaching & Learning Strategies:	The learning outcomes detailed below will be achieved through the following teaching methodologies: Lectures – The lecturer will use a combination of lecture, Questions & Answers, group discussion and presentations Practicals – Students will work initially in pairs and small groups then individually on performance analysis tasks Problem Solving Exercises – Students will work as part of a team and will work together to resolve various tasks associated with interpretation of data in both theory and practical classes. Class Discussion/Debate - Students will be encouraged to actively participate in the class sessions which will develop their analytical and communication skills. Self-Directed Independent Learning – The emphasis on independent learning will develop a strong and autonomous work and learning practices.

Module Aim:	The aim of this module is to develop students' applied knowledge and understanding of sports performance analysis. Students will be expected to engage in the process of sports performance analysis and become competent in using different techniques to analyse sports performance. The students will also develop transferable skills such as presentation skills, team-work, communication, project management and working to deadlines.

Learning Outcomes
On successful completion of this module the learner should be able to:

LO1	Demonstrate the skills and knowledge to perform within a sports performance analysis setting
LO2	Show proficiency in the use of Sportstec products
LO3	Identify Performance indicators associated in team sport using video analysis
LO4	Demonstrate video capture and presentation skills related to sports performance analysis
LO5	Demonstrate an understanding of notational analysis of sports performance
LO6	Plan and undertake the sports performance analysis of a series of matches

Pre-requisite learning
Module Recommendations *This is prior learning (or a practical skill) that is recommended before enrolment in this module.*
No recommendations listed
Incompatible Modules *These are modules which have learning outcomes that are too similar to the learning outcomes of this module.*
No incompatible modules listed
Co-requisite Modules
No Co-requisite modules listed
Requirements *This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.*
No requirements listed

Module Content & Assessment

Indicative Content
The Notational Analysis process n/a
The use of Computerised Performance Analysis (Sportstec) software n/a
Concepts in performance analysis and game theories n/a
Qualitative video analysis of sport techniques n/a

Assessment Breakdown	%
Continuous Assessment	50.00%
Project	50.00%

Continuous Assessment				
Assessment Type	*Assessment Description*	*Outcome addressed*	*% of total*	*Assessment Date*
Project	Group Assessment to analyse and present findings on a team provided	1,2,3,4	25.00	n/a
Project	Project 2: Film two games of the students choice	4	25.00	n/a

Project				
Assessment Type	*Assessment Description*	*Outcome addressed*	*% of total*	*Assessment Date*
Project	Analyse and present findings on a team of students choice	1,2,3,4,5,6	50.00	n/a

No Practical

No End of Module Formal Examination

SETU Carlow Campus reserves the right to alter the nature and timings of assessment

Module Workload

Workload: Full Time		
Workload Type	*Frequency*	*Average Weekly Learner Workload*
Lecture	30 Weeks per Stage	1.00
Practicals	30 Weeks per Stage	1.00
Estimated Learner Hours	30 Weeks per Stage	2.00
	Total Hours	120.00