

<b>Module Title:</b>	Coach Education 4 - Football	
<b>Language of Instruction:</b>	English	
<b>Credits:</b>	5	
<b>NFQ Level:</b>	7	
<b>Module Delivered In</b>	<a href="#">3 programme(s)</a>	
<b>Teaching &amp; Learning Strategies:</b>	- Lectures - Discussion - Readings - Project work - Practicals	
<b>Module Aim:</b>	The aim of this module is to develop the ability of the coach to work with elite senior player at the UEFA B stage of the FAI coaching ladder. Enabling the students to plan, deliver and reflect on coaching sessions and analyse and assess their own performance as a coach.	
<b>Learning Outcomes</b>		
<i>On successful completion of this module the learner should be able to:</i>		
LO1	Provide extensive detail and coaching points to the Team, Units and Individual players to improve their understanding and ability to execute a game plan based on analysis of a specific football problem.	
LO2	Develop the skills to self reflect, analyse personal performance and design an individual performance plan.	
<b>Pre-requisite learning</b>		
<b>Module Recommendations</b> <i>This is prior learning (or a practical skill) that is recommended before enrolment in this module.</i>		
8658	SPRT H3316	Coach Education 3 - Football
<b>Incompatible Modules</b> <i>These are modules which have learning outcomes that are too similar to the learning outcomes of this module.</i>		
No incompatible modules listed		
<b>Co-requisite Modules</b>		
No Co-requisite modules listed		
<b>Requirements</b> <i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.</i>		
Completed Uefa 'C' Licence		

**Module Content & Assessment**

**Indicative Content**

**Uefa 'B' Licence**

Cycle of Development (Game – Analysis – Training). Universal Football Language. CDE (Communication, Decision Making, Execution). Principles of Play – Transition to Defend. Principles of Play – Transition to Attack. Modern Game Playing Trends.

**Assessment Breakdown**

Continuous Assessment

%

60.00%

Practical

40.00%

**Continuous Assessment**

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Portfolio	Individual Coaching Portfolio. (Approx 3,000 words) Session Plans, Self Reflections, Systems of Play Presentations, Peer Review, Block Training Plan, Team, Unit, Individual - Analysis Reports.	1,2	60.00	n/a

No Project

**Practical**

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Practical/Skills Evaluation	Individual Coaching Assessment (Approx 24mins)	1,2	40.00	Sem 1 End

No End of Module Formal Examination

**SETU Carlow Campus reserves the right to alter the nature and timings of assessment**

**Module Workload**

<b>Workload: Full Time</b>		
<i>Workload Type</i>	<i>Frequency</i>	<i>Average Weekly Learner Workload</i>
Lecture	12 Weeks per Stage	1.00
Practicals	12 Weeks per Stage	2.00
Independent Learning	12 Weeks per Stage	7.42
Total Hours		125.00

**Module Delivered In**

<b>Programme Code</b>	<b>Programme</b>	<b>Semester</b>	<b>Delivery</b>
CW_BBSMC_B	<a href="#">Bachelor of Arts (Honours) in Sport Management and Coaching</a>	5	Elective
CW_BBSMC_B	<a href="#">Bachelor of Arts (Honours) in Sport Management and Coaching</a>	7	Elective
CW_BBSOC_D	<a href="#">Bachelor of Arts in Sport Coaching and Business Management (Football)</a>	5	Elective