ANAL: Sports Performance Analysis 2

Module Title:	Sports Performance Analysis 2
Language of Instruction:	English

Credits:	5

NFQ Level:	8

Module Delivered In	2 programme(s)

Teaching & Learning Strategies:	The learning outcomes detailed below will be achieved through the following teaching methodologies: Lectures – The lecturer will use a combination of lecture, Questions & Answers, group discussion and presentations. Problem Solving Exercises – Students will work as part of a team and will work together to resolve various tasks associated with the interpretation of data in both theory and practical classes. Class Discussion/Debate - Students will be encouraged to actively participate in the class sessions which will develop their analytical and communication skills. Self-Directed Independent Learning – The emphasis on independent learning will develop strong and autonomous work and learning practices.

Module Aim:	The aim of this module is to develop students' applied knowledge and understanding of sports performance analysis. Students will be expected to engage in the process of sports performance analysis and become competent in using different techniques to analyse sports performance. The students will also develop transferable skills such as presentation skills, team-work, communication, project management and working to deadlines.

Learning Outcomes	
On successful completion of this module the learner should be able to:	
LO1	Demonstrate the technical skills and knowledge to perform within a sports performance analysis setting
LO2	Show proficiency in the use of performance analysis software
LO3	Plan and undertake the sports performance analysis of a series of perfromances

Pre-requisite learning
Module Recommendations *This is prior learning (or a practical skill) that is recommended before enrolment in this module.*
No recommendations listed
Incompatible Modules *These are modules which have learning outcomes that are too similar to the learning outcomes of this module.*
No incompatible modules listed
Co-requisite Modules
No Co-requisite modules listed
Requirements *This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.*
No requirements listed

ANAL: Sports Performance Analysis 2

Module Content & Assessment

Indicative Content
Computerised Performance Analysis Understand how computerised performance analysis software can improve sporting performance. The ability to understand the differences between performance analysis software, and determine which is best suited to a particular sport or situation.
Contemporary Issues in Performance Analysis Tactical Performance Analysis. Technical Performance Analysis. Reliable and valid data collection methods. Using operational definitions when analysing performance. Understanding analysis and reporting. Feedback. Reflection and evaluation
Qualitative video analysis of sport techniques Universal elements of sports techniques. Acquisition and development of new techniques. Skill assessment of sporting performance.

Assessment Breakdown	%
Project	100.00%

No Continuous Assessment

Project

Assessment Type	*Assessment Description*	*Outcome addressed*	*% of total*	*Assessment Date*
Project	Students will be required to complete a computerised performance analysis project and present their analysis. The output from previous coursework will be imported into performance analysis software, analysed using a system designed by the student. Once analysed, students will be required to devise and present to a targeted audience.	1,2,3	100.00	Sem 1 End

No Practical

No End of Module Formal Examination

SETU Carlow Campus reserves the right to alter the nature and timings of assessment

ANAL: Sports Performance Analysis 2

Module Workload

Workload: Full Time		
Workload Type	*Frequency*	*Average Weekly Learner Workload*
Lecture	12 Weeks per Stage	4.00
Estimated Learner Hours	15 Weeks per Stage	5.13
	Total Hours	125.00

Module Delivered In

Programme Code	Programme	Semester	Delivery
CW_BBSMC_B	Bachelor of Arts (Honours) in Sport Management and Coaching	8	Elective
CW_BBSBC_B	Bachelor or Arts (Honours) in Sport, Business and Coaching	8	Elective