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| Module Title: | Sports Performance Analysis 1 |
| Language of Instruction: | English |
| Credits: | 5 |
| NFQ Level: | 8 |
| Module Delivered In | 2 programme(s) |
| Teaching & Learning Strategies: | The learning outcomes detailed below will be achieved through the following teaching methodologies: Lectures – The lecturer will use a combination of lecture, Questions & Answers, group discussion and presentations. Problem Solving Exercises – Students will work as part of a team and will work together to resolve various tasks associated with the interpretation of data in both theory and practical classes. Class Discussion/Debate - Students will be encouraged to actively participate in the class sessions which will develop their analytical and communication skills. Self-Directed Independent Learning – The emphasis on independent learning will develop strong and autonomous work and learning practices. |
| Module Aim: | The aim of this module is to develop students' applied knowledge and understanding of sports performance analysis. Students will be introduced to the concept of needs analysis and the role that understanding coaching philosophy has in deciding Performance Analysis provision. The students will also develop transferable skills such as presentation skills, team-work, communication, project management and working to deadlines. |
| Learning Outcomes | |
| <i>On successful completion of this module the learner should be able to:</i> | |
| LO1 | Demonstrate the technical skills and knowledge to perform within a sports performance analysis setting |
| LO2 | Identify Performance indicators based on 1) understand coaches philosophy 2) scientific literature 3) needs analysis |
| LO3 | Demonstrate an understanding of contemporary issues that are present in the analysis of sports performance |
| Pre-requisite learning | |
| Module Recommendations <i>This is prior learning (or a practical skill) that is recommended before enrolment in this module.</i> | |
| No recommendations listed | |
| Incompatible Modules <i>These are modules which have learning outcomes that are too similar to the learning outcomes of this module.</i> | |
| No incompatible modules listed | |
| Co-requisite Modules | |
| No Co-requisite modules listed | |
| Requirements <i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.</i> | |
| No requirements listed | |

Module Content & Assessment

| Indicative Content |
|---|
| <p>The Performance Analysis Process Performance analysis - history, principles and theory. How performance analysis can positively impact sport and coaching practice. Tactical performance analysis in team sports</p> |
| <p>Contemporary Issues in Performance Analysis Tactical Performance Analysis. Technical Performance Analysis. Needs analysis and system design. Creating operational definitions within a sporting setting. Understanding analysis and reporting. Development of service level agreements. Reflection and evaluation</p> |

| Assessment Breakdown | % |
|-----------------------|---------|
| Continuous Assessment | 100.00% |

| Continuous Assessment | | | | |
|-----------------------|---|-------------------|------------|-----------------|
| Assessment Type | Assessment Description | Outcome addressed | % of total | Assessment Date |
| Essay | For an identified coach and team, students must devise a Performance Analysis intervention strategy, which is supported by relevant literature. | 1,2,3 | 100.00 | Sem 1 End |

No Project

No Practical

No End of Module Formal Examination

SETU Carlow Campus reserves the right to alter the nature and timings of assessment

Module Workload

| Workload: Full Time | | |
|-------------------------|--------------------|---------------------------------|
| Workload Type | Frequency | Average Weekly Learner Workload |
| Lecture | 12 Weeks per Stage | 4.00 |
| Estimated Learner Hours | 15 Weeks per Stage | 5.13 |
| Total Hours | | 125.00 |

Module Delivered In

| Programme Code | Programme | Semester | Delivery |
|----------------|---|----------|----------|
| CW_BBSMC_B | Bachelor of Arts (Honours) in Sport Management and Coaching | 7 | Elective |
| CW_BBIBC_B | Bachelor of Arts (Honours) in Sport, Business and Coaching | 7 | Elective |