

<b>Module Title:</b>	Current Concepts in Sports Rehabilitation and Athletic Therapy
<b>Language of Instruction:</b>	English
<b>Credits:</b>	5
<b>NFQ Level:</b>	8
<b>Module Delivered In</b>	<a href="#">1 programme(s)</a>
<b>Teaching &amp; Learning Strategies:</b>	This module will be delivered over 2 lecture hours and 2 practical hours per week and will be based around group work on either self selected, or assigned topics. Course lecture summaries, course calendar, announcements and other course-related material will be available on Blackboard, a virtual learning environment. Students can liaise with the lecturer to discuss research methods, data collection, PowerPoint Presentations, and group project work.
<b>Module Aim:</b>	To develop the student's ability to investigate, review, synthesise and present information on current issues in Sports Rehabilitation & Athletic Therapy
<b>Learning Outcomes</b>	
<i>On successful completion of this module the learner should be able to:</i>	
LO1	Communicate sports rehabilitation & athletic therapy specific information and / or ideas effectively using written, visual, oral, and practical methods of communication and demonstration
LO2	Explore and review relevant sports rehabilitation & athletic therapy literature, take research data and integrate it into a structured presentation regarding current best practices
LO3	Contribute as an effective team member to the successful completion of a group project on a sports rehabilitation & athletic therapy based scientific topic
<b>Pre-requisite learning</b>	
<b>Module Recommendations</b>	
<i>This is prior learning (or a practical skill) that is recommended before enrolment in this module.</i>	
No recommendations listed	
<b>Incompatible Modules</b>	
<i>These are modules which have learning outcomes that are too similar to the learning outcomes of this module.</i>	
No incompatible modules listed	
<b>Co-requisite Modules</b>	
No Co-requisite modules listed	
<b>Requirements</b>	
<i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.</i>	
No requirements listed	

## Module Content & Assessment

### Indicative Content

#### Theory

Specific content will be determined by current trends in sports rehabilitation & athletic therapy. Topics may include areas such as specific injury diagnosis, specific injury management, and long term player/athlete pathway etc. Theory based learning will include guidelines for conducting a successful literature search, guidelines for conducting a successful literature review, guidelines for effective communication including critical review of scientific writing, creation of PowerPoint presentations, and preparation of oral, written, and practical presentations. Advantages and disadvantages of group project based learning.

#### Practical

Students will deliver practical based demonstrations based on current best practices relating to injury diagnosis, treatment, management etc.

### Assessment Breakdown

	%
Continuous Assessment	100.00%

### Continuous Assessment

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Presentation	Group Presentation: A topic (either self selected or assigned) will be researched by a group who will then present an audio-visual based report of current best practices relating to that topic	1,2,3	50.00	n/a
Presentation	Individual Presentation: A topic (either self selected or assigned) will be researched by the individual who will then present an audio-visual based report of current best practices relating to that topic	1,2,3	25.00	n/a
Presentation	Group Practicals: Groups will research, design and present practical workshops based on current trends in sports rehabilitation & athletic therapy	1,2,3	25.00	n/a

No Project

No Practical

No End of Module Formal Examination

**SETU Carlow Campus reserves the right to alter the nature and timings of assessment**

### Module Workload

Workload: Full Time		
Workload Type	Frequency	Average Weekly Learner Workload
Practicals	12 Weeks per Stage	2.00
Independent Learning	15 Weeks per Stage	5.13
Lecture	12 Weeks per Stage	2.00
Total Hours		125.00

**Module Delivered In**

Programme Code	Programme	Semester	Delivery
CW_SASRA_B	<a href="#">Bachelor of Science (Honours) in Sports Rehabilitation and Athletic Therapy</a>	7	Mandatory