

Module Title:	Health and Wellbeing in Social Care Practice		
Language of Instruction:	English		
Credits:	5		
NFQ Level:	6		
Module Delivered In	<a href="#">2 programme(s)</a>		
Teaching & Learning Strategies:	Lectures to teach key concepts of the module to students; Case studies-Students will collaborate in small teams to work independently on. Class discussions & debates- to actively engage students to analyses and learn deeper the content; Group work, Collaborative and Peer learning- students will be engaged in active group work and enquiry and project based learning. Guest Lecture- Key Speakers to highlight specific issues pertinent to health and wellbeing in social care practice		
Module Aim:	To highlight the importance of health and wellbeing in social care practice.		
Learning Outcomes			
On successful completion of this module the learner should be able to:			
LO1	Illustrate a knowledge of the factors which impact on holistic health and wellbeing and discuss the role of a social care worker in health promotion. D1 - Pr 9 D2-Pr 1,3 D4- Pr.1 D5.-Pr.4,11		
LO2	Explore the care of children and adults with disabilities, lifelong and life limiting conditions. D1- Pr.3,5,9 D2-Pr.3 D4- Pr. 1 D5-Pr.4,8,11		
LO3	Understand the relationship between nutrition and population health and wellbeing in social care. D1- Pr. 3,9 D2- Pr. 3, D4-Pr 1 D5- Pr.4, 8,11		
Pre-requisite learning			
Module Recommendations			
This is prior learning (or a practical skill) that is recommended before enrolment in this module.			
9396	SAFE C1R03	Health and Safety in Social Care Practice	
Incompatible Modules			
These are modules which have learning outcomes that are too similar to the learning outcomes of this module.			
No incompatible modules listed			
Co-requisite Modules			
No Co-requisite modules listed			
Requirements			
This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.			
No requirements listed			

## Module Content & Assessment

### Indicative Content

#### Holistic health and wellbeing

Analyse health and wellbeing Inequalities in health. Social determinants of health. Introduction to health promotion. The ability to reflect on the social care workers own characteristics, values and practice related to health and wellbeing. D1 - Pr 3,5,8,9,20. D2-Pr 1,3, 4,12,13 D3-Pr. 1 D4- Pr.1,4, D5.-Pr.1,4,8,11

#### Specific care needs in social care.

Care of adult/child living with a disability/ lifelong / life limiting condition/ homelessness - to understand the role of the social care using examples of some conditions such as Down's syndrome, Autistic Spectrum Disorder, Asthma, Diabetes. Epilepsy, Dementia and other associated conditions .D1- Pr. 3,5,8,9,20 D2- Pr.1 3,4,12, D3- Pr.1 D4-Pr 1,4 D5- Pr.4,8,11

#### The importance of nutrition

holistic health & wellbeing, Nutrition and specific client groups. Nutrition and planning of meals - Nutritional significance in work with vulnerable populations. Reflect on own values and practice when working with marginalised groups. .D1- Pr. 3,5,8,9,20 D2- Pr.1 3,4,12, 13 D3- Pr.1 D4-Pr 4 D5- Pr.4,8,11

Assessment Breakdown	%
Continuous Assessment	100.00%

### Continuous Assessment

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Project	D1- Pr. 3,5,9 D2- Pr. 1,3 D4 -Pr. 1D5- Pr. 4,8,11	1,2,3	100.00	n/a

No Project

No Practical

No End of Module Formal Examination

SETU Carlow Campus reserves the right to alter the nature and timings of assessment

**Module Workload**

Workload: Full Time		
Workload Type	Frequency	Average Weekly Learner Workload
Lecture	12 Weeks per Stage	4.00
Independent Learning	15 Weeks per Stage	5.13
Total Hours		125.00

**Module Delivered In**

Programme Code	Programme	Semester	Delivery
CW_HHPSC_B	<a href="#">Bachelor of Arts (Honours) in Professional Social Care Practice</a>	4	Mandatory
CW_HHPSC_D	<a href="#">Bachelor of Arts in Professional Social Care Practice</a>	4	Mandatory