# WKPL: Clinical Placement and Professional Practice

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| **Module Title:** | Clinical Placement and Professional Practice |
| **Language of Instruction:** | English |

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| **Credits:** | 30 |

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| **NFQ Level:** | 8 |

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| **Module Delivered In** | 1 programme(s) |

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| **Teaching & Learning Strategies:** | This module have three distinct strands. 1. Clinical studies will be taught as 6 practical hours in the on-campus student-led clinic. There will be 1 hour of pitchside experience per week., all in semester 1. 2. Professional Practice will be taught as 2 theory hours and 1 seminar hour per week in semester 1. 3. Work Placement will be off-site in a supervised work environment for 475hours in semester 2. |

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| **Module Aim:** | 1. To provide experience to learners in an on-campus student-led clinic, dealing with real patients with neuromusculoskeleatal injuries including assessment, treatment and rehabilitation of same. 2. To prepare learners for a career in athletic therapy private practice via engagement with the scope of professional practice, ethics and business considerations. 3. To provide learners with the opportunity to consolidate theoretical and practical knowledge and skills in a supervised work placement. |

| **Learning Outcomes** | |
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| *On successful completion of this module the learner should be able to:* | |
| LO1 | Having gained experience in the student led-clinic, learners will we able to assess, treat and rehabilitate a wide range of neuromusculoskeletal injuries in patients in different contexts. |
| LO2 | Having gained experience in the student-led clinic, learners will be able to set goals for treatment and for outcomes, demonstrate and implement pertinent clinical reasoning, and develop and foster therapeutic relationships with patients. |
| LO3 | Having gained experience in the student-led clinic, learners will have some understanding of the day-to-day running of a clinic and be able to document and keep medical records. |
| LO4 | Plan and prepare for pitchside duties, including preparation of a kitbag, and execution of pre, during and post training and match duties. |
| LO5 | Recognise and understand the scope of professional practice of athletic therapists and discuss the socio-political context in Ireland within which they will practice as certified athletic therapists. |
| LO6 | Discuss the code of ethics and professional conduct and appreciate common ethical dilemmas faced by athletic therapists. |
| LO7 | Conceptualise themselves post-graduation in terms of self employment in the private sector. Prepare in terms of business plan, finance application, job application and personal branding. |
| LO8 | Having completed work placement, learners will have honed skills of assessment, treatment and rehabilitation of a wide range of patients with differing injuries |
| LO9 | Having completed work placement, learners will have real world experience with managing patient caseloads, development of critical skills in goal setting, problem prioritisation, patient communication, and treatment justification. |
| LO10 | Having completed work placement learners will have an understanding of the day-to-day running of a clinical practice, and been able to identify possible future employment opportunities. |

| **Pre-requisite learning** |
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| ***Module Recommendations***<br>*This is prior learning (or a practical skill) that is recommended before enrolment in this module.* |
| No recommendations listed |
| ***Incompatible Modules***<br>*These are modules which have learning outcomes that are too similar to the learning outcomes of this module.* |
| No incompatible modules listed |
| ***Co-requisite Modules*** |
| No Co-requisite modules listed |
| ***Requirements***<br>*This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed.* |
| No requirements listed |

# WKPL: Clinical Placement and Professional Practice

## Module Content & Assessment

| Indicative Content |
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| **Professional Practice**<br>Context and history of the profession in Ireland Professional bodies Scopes of professional practice for ARTI and similar professions Code of ethics, ethical dilemmas Developing your practice philosophy and personal brand Preparing for setting up a small business, seeking finance, job applications. |
| **Clinical studies in the Student-led clinic**<br>Exposure to patients with different neuroMSK injuries Skill, competency and safe use of a wide range of treatment and rehabilitation techniques Consolidation and practical implementation of skills learned in co-semester assessment, treatment, rehabilitation and clinical reasoning modules. Management of patient caseloads, goal setting and discharge planning. Medical records documentation Communication skills in therapeutic relationships with patients, and with peers, staff and multidisciplinary teams. |
| **Pitchside**<br>Attending pre-planned sports team training sessions and matches, under the supervision of a nominated qualified therapist. Planning and preparing kitbag. Observing and involvement of pre, during and post match duties. |
| **Work Placement**<br>The work placement module will normally involve 475 Hours, split typically into 14 weeks of roughly 35 hours per week in appropriate clinical placement centres. Practical clinical experience is gained in: • Evaluation and diagnosis of neuromusculoskeletal injuries • The use of therapeutic modalities in the treatment of neuromusculoskeletal injuries. • Therapeutic exercise prescription and rehabilitation. On-site learning through observation, guided treatment, co-ordinated rehabilitation and progression to independent evaluation and rehabilitation of patient caseloads, under the supervision of an appointed clinical instructor. |

| Assessment Breakdown | % |
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| Continuous Assessment | 20.00% |
| Project | 10.00% |
| Practical | 50.00% |
| End of Module Formal Examination | 20.00% |

| Special Regulation |
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| There are 3 Pass-Fail parts to this module: Work Placement Element: 1. 475 hours must be completed and the learner successfully deemed competent by their placement supervisor to pass this module. 2. Final clinical practical exam must be passed to pass this module. Student-led clinic element: 3. Learners must pass this element via attendance and completion of a continuous assessment record book (CARB). |

**Continuous Assessment**

| *Assessment Type* | *Assessment Description* | *Outcome addressed* | *% of total* | *Assessment Date* |
|---|---|---|---|---|
| Case Studies | 2 case studies are submitted after work placement is completed, one upper quadrant injury and one lower quadrant injury. | 8,9,10 | 15.00 | n/a |
| Essay | Professional Practice CA on scope of practice. | 5,6 | 5.00 | Week 8 |

**Project**

| *Assessment Type* | *Assessment Description* | *Outcome addressed* | *% of total* | *Assessment Date* |
|---|---|---|---|---|
| Project | Professional Practice-business planning and branding | 7 | 10.00 | Week 10 |

**Practical**

| *Assessment Type* | *Assessment Description* | *Outcome addressed* | *% of total* | *Assessment Date* |
|---|---|---|---|---|
| Practical/Skills Evaluation | Final Clinical Exam | 1,2,3,4,8,9,10 | 50.00 | Sem 2 End |

**End of Module Formal Examination**

| *Assessment Type* | *Assessment Description* | *Outcome addressed* | *% of total* | *Assessment Date* |
|---|---|---|---|---|
| Formal Exam | Professional Practice Theory exam | 5,6,7 | 20.00 | End-of-Semester |

**SETU Carlow Campus reserves the right to alter the nature and timings of assessment**

# WKPL: Clinical Placement and Professional Practice

## Module Workload

| Workload: Full Time | | |
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| *Workload Type* | *Frequency* | *Average Weekly Learner Workload* |
| Lecture | 12 Weeks per Stage | 3.00 |
| Practicals | 12 Weeks per Stage | 6.00 |
| Directed Learning | 12 Weeks per Stage | 1.00 |
| Placement | Per Semester | 19.00 |
| Independent Learning Time | 30 Weeks per Stage | 5.17 |
| | Total Hours | 750.00 |

## Module Delivered In

| Programme Code | Programme | Semester | Delivery |
|---|---|---|---|
| CW_SASRA_B | Bachelor of Science (Honours) in Sports Rehabilitation and Athletic Therapy | 8 | Mandatory |